



"Feathers Futures is a very compassionate, special place it will always have a special place in my heart."

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Nicola is a volunteer counsellor and has been with Feathers Future for nearly two years. She came to Feathers Futures as a student while studying for her counselling degree and loved it so much that once she graduated, she decided to stay as a volunteer. Nicola provides one-to-one counselling sessions to women at Feathers Futures.

"I am so pleased that I got to come to Feathers Futures on my placement. The staff and volunteers are some of the warmest, kindest people I have ever met. The environment at Feathers Futures is so warm and welcoming, the team, the volunteers, and the whole ethos. The moment I walked in the door, I just felt comfortable.

"I would describe Feathers Futures as inclusive, warm and understanding.

One of the most rewarding things is when I see a positive change in someone's outlook when I see a chink of self-care and self-love appearing, then I know together we have made a positive impact and the start of a brighter future.

To anyone considering volunteering at Feathers Futures, I'd say go for it! It's so rewarding whatever role you play. It changes you, it will change your perspective on life for the better. Knowing you can and have made a positive impact."



